

forage



Forage connects diners to local fishers, foragers and farmers. We also bring you the best in local craft distilleries, breweries and wineries. Our service is designed for sharing many plates family style. So choose as many as you like, share some delicious food, and enjoy the best of what BC has to offer.

SNACKS

charcuterie & local cheese board, chicken liver parfait, house pickles and ferments, IPA mustard	22	roasted pan bread, spicy honey, local cheddar	10
celery root croquettes, bison pastrami, Alpinndon, creamed nettles	12	fresh BC oysters, kelp mignonette, house kimchi**	3 each 15 for ½ dozen
		Vietnamese style bison carpaccio, sweet soy, crispy shallot, hazelnuts	18

LAND

smoked duck breast, duck floss, liver parfait, poached pear, Labrador tea & cranberry gel, brioche	32
braised pork shoulder, sweet and sour carrot, crispy salsaify, charred leek and ash	28
Turtle Valley Bison Ranch butcher's cut steak, bison chorizo, wild mushrooms, german butter potato, emulsified butter, radish	43
lamb neck pappardelle, Alpinndon, cultivated mushroom, merguez sausage gremolata	26

SOIL

grilled kale salad, caramelized Okanagan apples, hazelnuts, honey brie dressing	16
foraged and cultivated mushrooms, Okanagan goat cheese, grilled caraway rye	16
beetroot salad, purple haze carrots, smoked yogurt, bull kelp granola	18
brown butter gnocchi, fromage frais, swiss chard, Walla Walla onion crumb	17

SEA

albacore tuna crudo, mushroom hazelnut soil, caramelized candy onion aioli, apple chili vinaigrette, purple daikon	26
award-winning seafood chowder, chicharrón, quail's egg	8

SWEETS

elderflower and fromage frais cheese puff, ice cream, cordial, Unruly Gin-spiked blueberries	13
chocolate hazelnut caramel gâteau, hazelnut milk gelée, vanilla yogurt crème, dark chocolate crémeux	12
Baker's Garden, a vegetable inspired creation	13

FILTERED WATER

Fresh, filtered water - 50% of the proceeds from the sale of this water are going towards garden enhancements at Cheakamus Centre a 420 acre ecological reserve and education facility in Squamish, BC. The garden enhancement project will continue to develop one of the essential experiential program delivered to 6700 students each year- programs that give students hands on learning around aquatic, forest and food eco systems with a focus on environmental stewardship. www.cheakamuscentre.ca

sparkling	3 /person
still	3 /person

** Vancouver Coastal Health advises: "The consumption of RAW oysters poses an increased risk of foodborne illness"



All seafood options on this menu are recommended by Ocean Wise

Share your comments and photos of your drinks via twitter or instagram @foragevancouver



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BC CRAFT BEER & CIDER ON TAP

18 oz glass

Hoyne 'Hoyner' Pilsner - <i>Victoria</i>	8
Bomber Brewing 'Marzen' Amber Lager - <i>Vancouver</i>	8
33 Acres 'Of Life' California Common - <i>Vancouver</i>	8
Four Winds Saison - <i>Delta</i>	8
Tofino Brewing 'Tuff Session' American Pale Ale - <i>Tofino</i>	8
Crannog 'Back Hand of God' Stout - <i>Sorrento</i>	9
Strange Fellows 'Jongleur' Belgian Wit - <i>Vancouver</i>	8
Driftwood 'Fat Tug' IPA - <i>Victoria</i>	9
Persephone Black Lager - <i>Gibsons</i>	8
Moody Ales 'Chipper' Blonde Ale - <i>Port Moody</i>	8
Off the Rail 'Raybuck Red' Irish Ale - <i>Vancouver</i>	8
Orchard Hill 'Red Roof' dry apple cider - <i>Osoyoos</i>	9

~12 oz glasses available for 6~

Forage beer trio

Sample any 3 of our draft beers for 12 plus a snack from the kitchen



SEASONAL COCKTAILS

2 oz

FORAGE NEGRONI: Sheringham gin, The Woods Spirit Co. Amaro, Odd Society Vermouth, orange peel	14
THE BRUTUS: vodka, Walter clamato juice, smoked chicharron, crackling & fennel salt	single 9 double 12
FORAGE 75: Evolve 'Effervescence' sparkling wine, Victoria Spirits 'Empress' gin, fresh lemon *1oz	12
WEST END OLD FASHIONED: Forty Creek whisky, orange peel, bitters, house brandied cherry	14
UNRULY SOUR: Unruly gin, house made honey cordial, egg whites, grapefruit bitters	14
APPLE GINGER SPICE: Okanagan Spirits vodka, fresh apple juice, ginger spice, house soda	12
SEASONAL COLLINS: Odd Society Wallflower Gin, seasonal syrup, lemon	12

BC wine flights

3 wines of 2oz each for 18

Pair with local cheese
one cheese 7
two cheeses 11



WINE ON TAP

5 oz glass

Ask your server about 8oz pours.

WHITES

Moon Curser Arneis	12
Poplar Grove Winery Pinot Gris	12
Okanagan Crush Pad Rosé	12

REDS

Bartier Bros. Syrah	14
Fairview Forage Malbec blend	16
Moon Curser Dolcetto	12
Bartier Bros. Cabernet Franc	14

ALSO BY THE GLASS

5 oz glass

Ask your server about 8oz pours.

2016 Niche Gewurtztraminer	12
2016 House of Margot Pinot Blanc	11
2015 Little Farm Riesling	14
2014 La Frenz Sauvignon Blanc	12
2016 Culmina 'Unicus' Gruner Veltliner	16
2015 Meyer Family Chardonnay 'McLean Creek'	16
2015 Orofino Winery Pinot Noir	16
2013 Kettle Valley Merlot	12
Evolve 'Effervescence'	10
NV Stoneboat Vineyards 'Piano' Brut	11

CRAFT CIDER & BOTTLED BEER

Sea Cider 'Pippins' <i>Vancouver Island</i> 5oz glass	9
Naramata Cider Company dry pear cider <i>Naramata</i> 355ml bottle	6
Mayne Island 'Forager' <i>Mayne Island</i> 330ml bottle	9



Don't see the wine you thirst for? Choose from our collection of British Columbia wines. Ask your server for our comprehensive wine list.