

# forage



Forage connects diners to local fishers, foragers and farmers. We also bring you the best in local craft distilleries, breweries and wineries. Our service is designed for sharing many plates family style. So choose as many as you like, share some delicious food, and enjoy the best of what BC has to offer.

## SNACKS

brown butter garlic & spinach gnocchi, pickled eggplant	10	30 month house cured prosciutto, BC melon, Unicus reduction	15
grilled padrón peppers, whipped Tiger Blue cheese, black garlic & bacon crumble	10	corn bread in cast iron, spicy honey, cheese	10
duck confit rilette, crackling, juniper berry beignet	9	fresh BC oysters, kelp mignonette, house kimchi*	3 each 15 for ½ dozen

## LAND

roasted duck breast, liver mousse 'cream puffs', smoked cherry preserve, compressed rhubarb	29
charcuterie & local cheese board, chicken liver parfait, house pickles and ferments, IPA mustard	22
Turtle Valley Bison Ranch butcher's cut steak, bison chorizo, foraged green chimichurri, radishes	43

## SOIL

field greens & heirloom tomatoes, tomato sherry vinaigrette, dehydrated & macerated tomatoes, compressed heritage melon, fried shallot	16
foraged and cultivated mushrooms, Okanagan goat cheese, grilled caraway rye	16
Whittaker's edible garden, market vegetables, Whittaker's honey, fresh cheese, hazelnut soil	25
Chilliwack creamed corn, buffalo brie, puffed wild rice, black pepper praline	20

## SEA

roasted halibut, polenta frites, heirloom tomato, eggplant, summer beans, hazelnut romesco, basil pistou	35
albacore tuna vindaloo, meyer lemon compressed cucumber, sea asparagus, cocktail tomatoes, lemon verbena crema, salmon roe	28
award-winning seafood chowder, chicharrón, quail's egg	8

## SWEETS

elderflower and fromage frais cheese puff, ice cream, cordial, Unruly Gin-spiked blueberries	13
flexible dark chocolate, chocolate malt ice cream, espresso burdock root chip, smoked cocoa nibs	12
strawberry and angel food cake, white chocolate cremeux, strawberry sorbet, rhubarb, raspberry puffs	12

## FILTERED WATER

Fresh, filtered water - 50% of the proceeds from the sale of this water are going towards garden enhancements at Cheakamus Centre a 420 acre ecological reserve and education facility in Squamish, BC. The garden enhancement project will continue to develop one of the essential experiential program delivered to 5500 students each year- programs that give students hands on learning around aquatic, forest and food eco systems with a focus on environmental stewardship. [www.cheakamuscentre.ca](http://www.cheakamuscentre.ca)

sparkling	3 /person
still	3 /person

\* Vancouver Coastal Health advises: "The consumption of RAW oysters poses an increased risk of foodborne illness"



All seafood options on this menu are recommended by Ocean Wise

Share your comments and photos of your drinks via twitter or instagram @foragevancouver



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## BC CRAFT BEER & CIDER ON TAP

18 oz glass

Hoyne 'Hoyner' Pilsner - <i>Victoria</i>	8
Bomber Brewing 'Marzen' Amber Lager - <i>Vancouver</i>	7½
33 Acres 'Of Life' California Common - <i>Vancouver</i>	8
Four Winds Saison - <i>Delta</i>	8
Tofino Brewing 'Tuff Session' American Pale Ale - <i>Tofino</i>	7½
Crannog 'Red Branch' Irish Ale - <i>Sorrento</i>	9
Strange Fellows 'Jongleur' Belgian Wit - <i>Vancouver</i>	8
Driftwood 'Fat Tug' IPA - <i>Victoria</i>	8¼
Persephone Dry Stout - <i>Gibsons</i>	8
Moody Ales 'Chipper' Blonde Ale - <i>Port Moody</i>	8
Off the Rail 'Beez Kneez' honey ginger Ale - <i>Vancouver</i>	7¾
Orchard Hill 'Red Roof' dry apple cider - <i>Osoyoos</i>	9

~12 oz glasses available for 6~

## Forage Trio

Sample any 3 of our draft beers for \$12 plus a snack from the kitchen



## SEASONAL COCKTAILS

2 oz

<b>FORAGE NEGRONI:</b> Sheringham gin, The Woods Spirit Co. Amaro, Odd Society Vermouth, orange peel	14
<b>THE BRUTUS:</b> vodka, Walter clamato juice, smoked chicharron, crackling & fennel salt	single 9 double 12
<b>EAST VAN KIR ROYALE:</b> Evolve 'Effervescence', Odd Society cassis	10
<b>WEST END OLD FASHIONED:</b> Forty Creek whisky, orange peel, bitters, house brandied cherry	14
<b>UNRULY SOUR:</b> Unruly gin, house made honey cordial, egg whites, grapefruit bitters	14
<b>OKANAGAN SAZERAC:</b> Okanagan Spirits BC rye whisky and Okanagan Spirits Absinthe	16
<b>SEASONAL COLLINS:</b> Odd Society Wallflower Gin, seasonal syrup, lemon	12
<b>AQUAVIT GIMLET:</b> Okanagan Spirits Aquavit, dill cordial, lime	14

## Let us pair your wine with a bit of local cheese

One cheese \$7 | Two cheeses \$11



## WINE ON TAP

5 oz glass

Ask your server about 8oz pours.

### WHITES

Niche Wine Co Gewurztraminer	10
Poplar Grove Winery Pinot Gris	11
Okanagan Crush Pad Rosé	10

### REDS

Fairview Cellars 'Forage' Malbec Blend	13
Covert Farms 'MDC' Merlot blend	11
Bartier Bros. Syrah	11
Bartier Bros. Cabernet Franc	11

## ALSO BY THE GLASS

5 oz glass

Ask your server about 8oz pours.

2015 Lock & Worth Semillon	11
2016 House of Margot Pinot Blanc	9
2015 Little Farm Riesling	13
2014 La Frenz Sauvignon Blanc	11
2015 Culmina 'Unicus' Gruner Veltliner	13
2014 Orofino Winery Pinot Noir	13
2012 Kettle Valley Merlot	11
Evolve 'Effervescence'	10
NV Stoneboat Vineyards 'Piano' Brut	11

## CRAFT CIDER & BOTTLED BEER

Sea Cider 'Pippins' Vancouver Island <b>5oz glass</b>	9
Naramata Cider Company dry pear cider Naramata <b>355ml bottle</b>	6
Mayne Island 'Forager' Mayne Island <b>330ml bottle</b>	9



Don't see the wine you thirst for? Choose from our collection of British Columbia wines. Ask your server for our comprehensive wine list.