



## CLASSICS

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### **Classic Breakfast** (S-GF)

two eggs any style, twice cooked potatoes, toast, choice of bacon, breakfast sausage, fruit 19.50

### **Free Range Eggs Benedict** (S-GF)

house made back bacon, poached eggs, twice cooked potatoes, hollandaise 21

### **Smoked Salmon Benedict** (S-GF)

smoked salmon, poached eggs, pickled red onions, fried capers, twice cooked potatoes, hollandaise 24

### **Roasted Mushroom Benedict** (V) (S-GF)

mushrooms, poached eggs, twice cooked potatoes, hollandaise, watercress pesto 24 *(add goat cheese +2)*

### **Bison Hash** (S-GF)

house cured corned bison, sauerkraut, kale, sunny side eggs, IPA mustard hollandaise, toast 25

### **Turkey Hash** (S-GF)

Two Rivers turkey sausage, roasted vegetables, kale, poached eggs, watercress pesto, toast 23

### **Mushroom Omelette** (V) (S-GF)

three-egg omelette, roasted mushrooms, goat cheese, twice cooked potatoes, toast 24

## SWEET BUT NOT DESSERT

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### **Granola** (V) (GF)

vanilla greek yogurt, house made oats and seeds granola, dried and fresh fruits, hazelnuts, honey 15

### **French Toast** (V)

salted duck yolk custard, house-made "nutella", ginger pearls, BC blueberry compote, condensed milk 19

### **Pancakes** (V)

haskap berries, honey butter, maple syrup 18

### **Scones** (V)

honey butter, ask your server for daily flavour 12.50

## SIDES

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Breakfast Sausage 5.75 | Turkey Sausage 6.75 | Bacon 5.75  
Smoked Salmon 7 | Roasted Mushrooms 8 | Fruit 5  
Twice Cooked Potatoes 6 | Two Eggs 5 | Kale 6 | Toast 5

As a valued guest of Forage, enjoy 10% off nightly stays at the Listel Hotel Vancouver. Visit our website [www.thelistelhotel.com](http://www.thelistelhotel.com). Use code "FOF"

*substitutions and modifications will be subject to additional charges*



All seafood options on this menu are recommended by Ocean Wise

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# forage



## BC CRAFT BEER ON TAP

16 oz glass

- Hoyne Pilsner** - Victoria 8
- Twin Sails** "Dat Juice" Citra Pale Ale - Port Moody 8
- Tofino Brewing** "Tuff Session" American Pale Ale - Tofino 8
- Wildeye** "7th Secret" French Wheat Biere - North Vancouver 8
- Crannog** "Back Hand of God" Stout - Sorrento 9
- 33 Acres** "Nirvana" IPA - Vancouver 8
- Bomber Brewing** "All The Things" Amber - Vancouver 8
- Phillips** "78 Analogue" Kolsch - Victoria 8
- Off the Rail** "Pêche Mode" Peach Cobbler Sour - Vancouver 8

## WINE BY THE GLASS

5 oz glass/8 oz glass

\*Indicates wine on tap

### WHITES & SPARKLING

- Evolve** "Effervescence" bubbles 12/19
- 2016 **La Frenz** "Aster" traditional method sparkling 16/24
- 2020 **Pentâge** Sauvignon Blanc 14/21
- 2020 **Bench 1775** Pinot Gris 14/21
- 2018 **Church & State** Roussanne 15/23
- 2020 **Niche** Gewürztraminer\* 14/21
- 2019 **Kettle Valley** Chardonnay 15/23
- 2020 **Culmina** "Unicus" Grüner Veltliner 16/24
- 2021 **Synchromesh** "Long's View Riesling 15/23

### ROSÉS

- 2022 **Corcelettes** "Oracle" Rosé 12/19
- 2020 **Chronos** Rosé 14/21

### REDS

- 2019 **Fairview Cellars** "Crooked Post" Pinot Noir 16/24
- 2016 **Pentâge** GSM 16/24
- 2018 **TIME** Cabernet Franc 14/21
- 2020 **Corcelettes** "Forage" Merlot\* 15/23
- 2019 **Church & State** Cabernet Sauvignon/Merlot\* 14/21
- 2017 **Great Northern** Syrah 14/21

## MORNING COCKTAILS

- CAESAR:** Walter Craft Caesar Mix, vodka, spicy house pickled beans 13 (single) 16(double)
- LOCAL KIR ROYALE:** BC Bubbles with Odd Society creme de cassis 15
- FORAGE 75:** Bizou + Yukon bubbles, Victoria Spirits 'Empress' gin, fresh lemon (1 oz) 15
- CLASSIC MIMOSA:** BC bubbles with fresh squeezed orange juice, grapefruit or apple 14
- FORAGE SHAFT:** iced espresso, Forty Creek Cream whisky, vodka (2 oz) 15
- FORTY CREEK CREAM COFFEE:** locally roasted Mogiana coffee with Forty Creek Cream whisky 14
- WHISKY LATTE:** Forty Creek Spike Honey Spiced whisky, locally roasted Mogiana espresso 15

## SOBER BEVERAGES

- MOGIANA ESPRESSO COFFEES** 5 - 6.5
- RANGER TEACRAFTERS LOOSE LEAF TEAS** 5
- FRESH PRESSED JUICES**  
orange, apple, cranberry, grapefruit, green blend 7.5
- BREWED NAMASTHÉ HIBISCUS ROOIBOS ICED TEA** 5
- SALT SPRING ISLAND KOMBUCHA** 7

### Don't see the wine you thirst for?

Choose from our collection of British Columbia wines. Ask your server for our comprehensive wine list.



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