



## CLASSICS

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### **Classic Breakfast** (S-GF)

two eggs any style, twice cooked potatoes, toast, choice of bacon, breakfast sausage, fruit 19.50

### **Free Range Eggs Benedict** (S-GF)

house made back bacon, poached eggs, twice cooked potatoes, hollandaise 21

### **Smoked Salmon Benedict** (S-GF)

smoked salmon, poached eggs, pickled red onions, fried capers, twice cooked potatoes, hollandaise 24

### **Roasted Mushroom Benedict** (V) (S-GF)

mushrooms, poached eggs, twice cooked potatoes, hollandaise, watercress pesto 24 (add goat cheese +2)

### **Bison Hash** (S-GF)

house cured corned bison, sauerkraut, kale, sunny side eggs, IPA mustard hollandaise, toast 25

### **Turkey Hash** (S-GF)

Two Rivers turkey sausage, roasted vegetables, kale, poached eggs, watercress pesto, toast 23

### **Mushroom Omelette** (V) (S-GF)

three-egg omelette, roasted mushrooms, goat cheese, twice cooked potatoes, toast 24

## SWEET BUT NOT DESSERT

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### **Granola** (V) (GF)

vanilla greek yogurt, house made oats and seeds granola, dried and fresh fruits, hazelnuts, honey 15

### **French Toast** (V)

salted duck yolk custard, house-made "nutella", ginger pearls, BC blueberry compote, condensed milk 19

### **Pancakes** (V)

blueberries, honey butter, maple syrup 18

### **Scones** (V)

honey butter, ask your server for daily flavour 12.50

## SIDES

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Breakfast Sausage 5.75 | Turkey Sausage 6.75 | Bacon 5.75

Smoked Salmon 7 | Roasted Mushrooms 8 | Fruit 5

Twice Cooked Potatoes 6 | Two Eggs 5 | Kale 6 | Toast 5

As a valued guest of Forage, enjoy 10% off nightly stays at the Listel Hotel Vancouver. Visit our website [www.thelistelhotel.com](http://www.thelistelhotel.com). Use code "FOF"

*substitutions and modifications will be subject to additional charges*



All seafood options on this menu are recommended by Ocean Wise

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## BC CRAFT BEER ON TAP

16 oz glass

**Hoyne Pilsner** - Victoria 8  
**Twin Sails** "Dat Juice" Citra Pale Ale - Port Moody 8  
**Tofino Brewing** "Tuff Session" American Pale Ale - Tofino 8  
**Wildeye** "7th Secret" French Wheat Biere - North Vancouver 8  
**Crannog** "Back Hand of God" Stout - Sorrento 9  
**33 Acres** "Nirvana" IPA - Vancouver 8  
**Bomber Brewing** "All The Things" Amber - Vancouver 8  
**Phillips** "78 Analogue" Kolsch - Victoria 8  
**Off the Rail** "Pêche Mode" Peach Cobbler Sour - Vancouver 8

## WINE BY THE GLASS

5 oz glass/8 oz glass

\*Indicates wine on tap

### WHITES & SPARKLING

**Evoive** "Effervescence" bubbles 12/19  
2016 **La Frenz** "Aster" traditional method sparkling 16/24  
2020 **Pentâge** Sauvignon Blanc 14/21  
2020 **Bench 1775** Pinot Gris 14/21  
2018 **Church & State** Roussanne 15/23  
2020 **Niche** Gewürztraminer\* 14/21  
2019 **Kettle Valley** Chardonnay 15/23  
2020 **Culmina** "Unicus" Grüner Veltliner 16/24  
2021 **Synchromesh** "Long's View Riesling 15/23

### ROSÉS

2022 **Corcelettes** "Oracle" Rosé 12/19  
2020 **Chronos** Rosé 14/21

### REDS

2019 **Fairview Cellars** "Crooked Post" Pinot Noir 16/24  
2016 **Pentâge** GSM 16/24  
2018 **TIME** Cabernet Franc 14/21  
2020 **Corcelettes** "Forage" Merlot\* 15/23  
2019 **Church & State** Cabernet Sauvignon/Merlot\* 14/21  
2017 **Great Northern** Syrah 14/21

## MORNING COCKTAILS

**Caesar:** Walter Craft Caesar Mix, vodka, spicy house pickled beans 13 (single) 16(double)

**Local Kir Royale:** BC Bubbles with Odd Society creme de cassis 15

**Forage 75:** Bizou + Yukon bubbles, Victoria Spirits 'Empress' gin, fresh lemon (1 oz) 15

**Classic Mimosa:** BC bubbles with fresh squeezed orange juice, grapefruit or apple 14

**Forage Shaft:** iced espresso, Forty Creek Cream whisky, vodka (2 oz) 15

**Forty Creek Cream Coffee:** locally roasted Mogiana coffee with Forty Creek Cream whisky 14

**Whisky Latte:** Forty Creek Spike Honey Spiced whisky, locally roasted Mogiana espresso 15

## SOBER BEVERAGES

**Mogiana Espresso Coffees** 5 - 6.5

**Ranger Teacrafters Loose Leaf Teas** 5

### Fresh Pressed Juices

orange, apple, cranberry, grapefruit, green blend 7.5

**Brewed Namasthé Hibiscus Rooibos Iced Tea** 5

**Salt Spring Island Kombucha** 7

### Don't see the wine you thirst for?

Choose from our collection of British Columbia wines. Ask your server for our comprehensive wine list.



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