



CLASSICS

Classic Breakfast

two eggs any style, twice cooked potatoes, toast, choice of bacon, breakfast sausage, fruit 19.50

Free Range Eggs Benedict

house made back bacon, poached eggs, twice cooked potatoes, hollandaise 24

Smoked Salmon Benedict

smoked salmon, poached eggs, pickled red onions, fried capers, twice cooked potatoes, hollandaise 24

Roasted Mushroom Benedict (V)

mushrooms, poached eggs, twice cooked potatoes, hollandaise, watercress pesto 24 (add goat cheese +2)

Bison Hash

house cured corned bison, sauerkraut, kale, sunny side eggs, IPA mustard hollandaise, toast 25

Turkey Hash

Two Rivers turkey sausage, roasted vegetables, kale, poached eggs, watercress pesto, toast 23

Cheese Omelette (V)

three-egg omlette, local cheddar, twice cooked potatoes, toast 23

SWEET BUT NOT DESSERT

Granola (V)

vanilla greek yogurt, house made oats and seeds granola, dried and fresh fruits, hazelnuts, honey 15

French Toast (V)

salted duck yolk custard, house-made "nutella", ginger pearls, BC blueberry compote, condensed milk 19

Pancakes (V)

blueberries, honey butter, maple syrup 18

Scones (V)

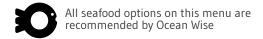
honey butter, ask your server for daily flavour 12.50

SIDES

Breakfast Sausage 5.75 | Turkey Sausage 6.75 | Bacon 5.75 Smoked Salmon 7 | Roasted Mushrooms 8 | Fruit 5 Twice Cooked Potatoes 6 | Two Eggs 5 | Kale 6 | Toast 5

As a valued guest of Forage, enjoy 10% off nightly stays at the Listel Hotel Vancouver. Visit our website www.thelistelhotel.com. Use code "FOF"

substitutions and modifications will be subject to additional charges















BC CRAFT BEER ON TAP

16 oz glass

Hoyne Pilsner - Victoria 8

Twin Sails "Dat Juice" Citra Pale Ale - Port Moody 8

Tofino Brewing "Tuff Session" American Pale Ale - Tofino 8

Crannog "Back Hand of God" Stout - Sorrento 9

33 Acres "Nirvana" IPA - Vancouver 8

Bomber Brewing "All The Things" Amber - Vancouver 8

Phillips "Cold Snap" Kolsch - Victoria 8

Off the Rail Current Affair "a Tart Twist Sour" - Vancouver 8

WINF BY THE (JIAS) 5 oz glass/8 oz glass

*Indicates wine on tap

WHITES & SPARKLING

Evolve "Effervescence" bubbles 12/19

2019 La Frenz "Aster" traditional method sparkling 16/24

2022 Bench 1775 Sauvignon Blanc Naramata Bench 14/21

2018 Church & State Roussanne 15/23

2019 Kettle Valley Chardonnay 15/23

2022 Culmina "Unicus" Grüner Veltliner 16/24

2023 Synchromesh "Long's View Riesling 15/23

ROSÉS

2022 Corcelettes "Oracle" Rosé 12/19

2021 Chronos Rosé 14/21

RFDS

2019 Fairview Cellars "Crooked Post" Pinot Noir 16/24

2017 Pentâge GSM 16/24

2018 TIME Cabernet Franc 14/21

2020 Corcelettes "Forage" Merlot* 15/23

2019 Church & State Cabernet Sauvignon/Merlot* 14/21

2019 Great Northern Syrah 14/21

MORNING COCKTAILS

Caesar: Walter Craft caesar mix, vodka, spicy house pickled beans 13 (single) 16 (double)

Local Kir Royale: BC Bubbles with Odd Society creme de cassis 15

Forage 75: Evolve "effervescence" bubbles, Arbutus Distillery blue gin, fresh lemon (1 oz) 15

Classic Mimosa: BC bubbles with fresh squeezed orange juice, grapefruit or apple 14

Forage Shaft: Iced espresso, Forty Creek Cream whisky, vodka (2 oz) 15

Forty Creek Cream Coffee: Locally roasted Mogiana coffee with Forty Creek Cream whisky 14

Whisky Latte: Forty Creek spike honey spiced whisky, locally roasted Mogiana espresso 15

SOBER BEVERAGES

Mogiana Espresso Coffees 5 - 6.5

Ranger Teacrafters Loose Leaf Teas 5

Fresh Pressed Juices orange, apple, cranberry, grapefruit, green blend 75

Brewed Namasthé Hibiscus Rooibos Iced Tea 5

Salt Spring Island Kombucha 7

Don't see the wine you thirst for?

Choose from our collection of British Columbia wines. Ask your server for our comprehensive wine list.







